

We are Live and In-Person at BIF

Yay, it happened! After 17 weeks, we finally got to meet for church together in our room at the Istropolis building in Bratislava. The government lifted the restrictions of sitting at a certain distance from each other at church, but we do have to wear masks and use hand-sanitizer. It was so worth it to be able to worship the Lord together, share in communion, and have fellowship with one another once again. What a blessing. Thank you for your prayers!

We Finally Made It to Berlin and Back



Praise the Lord, in June we were able to travel across the borders of Czech and Germany to see our kids and granddaughters in Berlin! We were a bit unsure of how strict the border controls would be when we left, but had smooth sailing all the way! It really was a trip we needed, and it restored our souls to be with our family face to face! Holding a two-month old baby is therapeutic and life-giving! So is being greeted every morning with squeals of delight, smiles, and hugs from our other two granddaughters! We went home refreshed and renewed from family love, and did not have to be tested or quarantined when we returned to our home country of Slovakia!

We Recommend the EHS 8-Week Study

We led a group from Bratislava International Fellowship through the Emotionally Healthy Spirituality course during the months of May and June. Especially during this quarantine season, it was a great way for us to stay connected with our BIF family. And it was transformative for all who participated. Some of the topics it covers are, how our past controls our present and how to break that power, journeying through walls instead of denying they are there, and why we need a Sabbath and how to incorporate it as a rhythm of life.

We Have Prayer Requests

<u>Joy</u> - After months of constant pain in her shoulder, she finally got a cortisone shot thanks to her seeing an Orthopedic doctor. She is very thankful to say the least and is asking for prayer for an appointment July 24th for an MRI to hopefully find out what is causing the pain. <u>Visitors</u> – Anna Marie Mazzone, an FMI missionary from Bielfeld, Germany, has been with us for a week. Pray that the rest she received here willI remain and sustain. Our March visit to be with the Mielonen family (FMI Missionaries in Krakow) got interrupted by COVID. But our time together will resume here in Bratislava as we will host them when

they travel from Poland through open borders in July. Pray for safety as they drive and for a great time of fun and rest for them before returning to their fall routine!